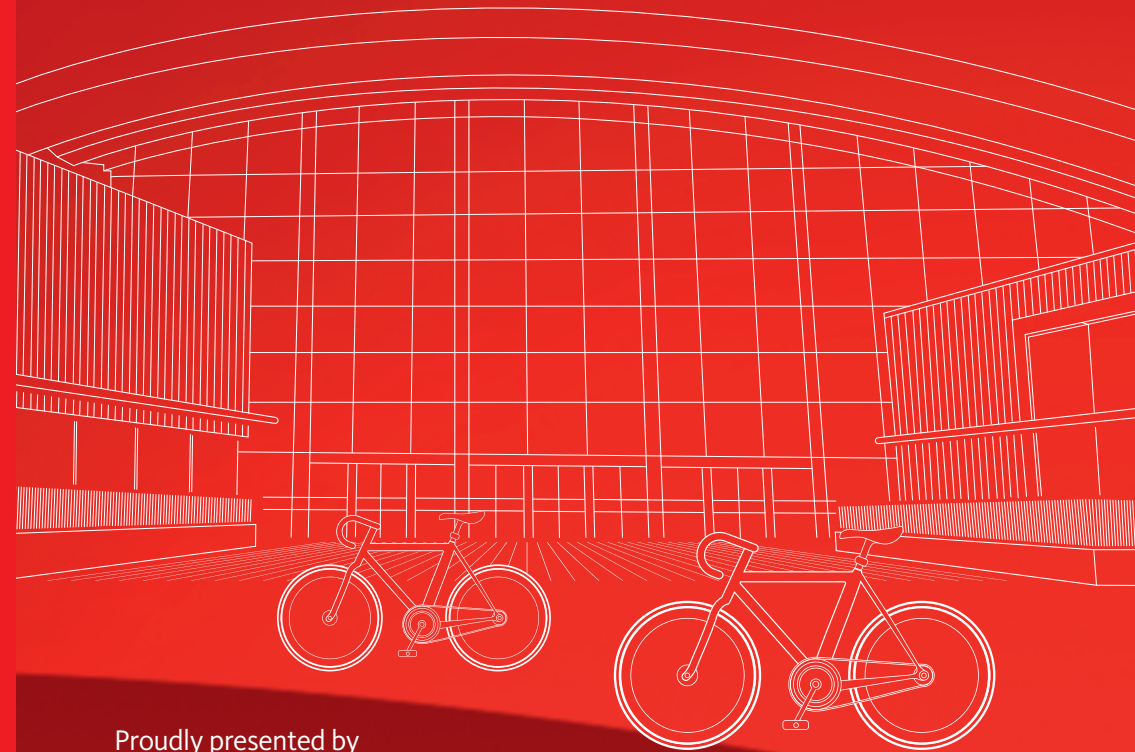


British National Youth Circuit Championships

Central Milton Keynes, Sunday 9 July 2017

 **Santander CYCLES**

MK



Proudly presented by

 **Santander CYCLES** 

With thanks to our partners:



Team Milton Keynes is pleased to welcome you to Central Milton Keynes for the British National Youth Circuit Championships, run under the Technical Regulations of British Cycling*.

Contents

Event Schedule and Race times	Page 3
Racing and Regulations	Page 4
Course Map	Page 7
Competitor Facilities	Page 8
Key Personnel & Important Addresses	Page 9
Directions and Parking	Page 10

Organiser for Team Milton Keynes: Bill Shirley 07976 154533

Event Schedule

Event timetable	Gear checks	Registration	Start	End	Est Podium
Circuit open for CDE riders only			9:00	10:00	
U8 Race	08:30-9:20	08:30-9:30	10:00	10:10	10:40
Circuit closed while course is changed			10:10	10:15	
U10 Race	8:30-9:50	8:30-10:00	10:15	10:30	11:00
Judges' time			10:30	10:35	
U12 Race	08:30 - 10:20	08:30 - 10:30	10:35	11:00	11:30
Circuit open for A&B riders only			11:00	11:30	
U14 Girls Race	10:30-11:50	10:30-12:00	11:30	12:20	12:50
Judges' time			12:20	12:30	
U14 Boys Race	10:30-12:35	10:30-12:30	12:30	13:20	13:50
Judges' time			13:20	13:35	
U16 Girls Race	10:30-13:30	10:30-13:25	13:35	14:35	15:05
Judges' time			14:35	14:50	
U16 Boys Race	13:00-14:30	13:00-14:25	14:50	16:05	16:35
Course open to seniors for familiarisation			16:45	17:00	
Women Categories 2/3/4 Races		15:30-16:30	17:00	18:00	18:30
Judges' time			18:00	18:15	
Mens Categories 2/3/4 Races		16:30-17:30	18:15	19:30	19:45
Senior Races closed			19:45		

The circuit will be open for familiarisation for all riders from 8.30am for 30 minutes

The Categories and race times

Race 1

Under 8 Riders
(Boys and Girls)
Category: E
Start time: 10:00
Duration: 10 minutes

Race 2

Under 10 Riders
(Boys and Girls)
Category: D
Start time: 10:15
Duration: 15 minutes

Race 3

Under 12 Riders
(Boys and Girls)
Category: C
Start time: 10:35
Duration: 25 minutes

Race 4

Under 14
Girls Only
Category: B
Start time: 11:30
Duration: 50 minutes

Race 5

Under 14
Boys Only
Category: B
Start time: 12:30
Duration: 50 minutes

Race 6

Under 16
Girls Only
Category: A
Start time: 13:35
Duration: 1 hour

Race 7

Under 16
Boys Only
Category: A
Start time: 14:50
Duration: 1 hour 15 minutes

*Please see the British Cycling website for full regulations.

Racing and Regulations

The circuit is on closed public roads which have been risk-assessed by the team. There are a number of 90 and 180 degree corners that, within a bunch, may require extra vigilance.

Gear Restrictions

All races are run under the rules and regulations of British Cycling and so all bikes have to be gear-checked according to those regulations before signing-in.

Please ensure your gearing complies with the restrictions, which are there to protect riders and to make racing fair for all.

The gear-checkers will only be checking to see if your bike conforms – they cannot make adjustments for you. If your bike fails, you will have to make the necessary adjustments and then return to the back of the queue. The limits for each race category are published in the British Cycling regulations and can be found on their website.

The top 3 in each race must report to the judges' tent immediately after their race has finished for gear checking and possible drug testing. **Do not leave the circuit as this could lead to disqualification.**

Sign-on

All bikes have to be gear-checked before sign-on.

A valid racing licence and proof of gear-check (sticker on licence) must be surrendered to the signing-in steward.

As this is a national event, racing licence rules will be strictly enforced. Without a licence you will not be permitted to race. A valid licence is one which has an identifiable picture of the rider on it that is signed and completed with the emergency contact details. Any extenuating circumstances will be subject to the Chief Commissaire's ruling, which will be final.

Race Numbers

You will be provided with two numbers for your race, one to be attached to your jersey on the right of your back and the other to be placed over the right rear pocket, as illustrated below. Spot checks will be made and you may be requested to move numbers to comply with the rules. Failure to comply may result in the judges being unable to place you within the race - any unidentified riders will not be placed.



Fitting your timing chip

We will be using Results Base timing for this event. It is an active timing system and you will be given a chip at sign on which should be fitted to your front fork on the side away from the quick release lever using the zip tie supplied.

You must return the chip when you collect your licence. If you retire early please do not forget to return your chip. Riders who do not return their chips will be subject to a fine.

Your Race

There will be no opportunity to warm-up on the circuit between races but there are course familiarisation sessions on the Event Schedule. Please report to the muster area on Saxon Gate 10 minutes before the start of your race.

All races will be started behind a control vehicle. Please leave a good gap behind the car and do not move alongside or overtake the vehicle.

Championship races will do a full lap behind the control car which will pull away in the finish straight.

Lapped Riders

Rule 20.12.4

A competitor in a road or circuit event when lapped must, unless otherwise instructed by the Chief Commissaire, retire from the race and report to the control point at the finish of the race.

Rule 20.12.5

Where a lapped rider is allowed to continue, he/she shall not give pace or shelter to a rider by whom he/she has been lapped.

Riders who have been 'distanced' from the main pack may be removed from the race **before** they are lapped. Lapped riders finishing in a bunch will all be given the same position, please do not sprint for minor places.

Failure to adhere to these requirements may result in a rider not being placed.

After Your Race

On completion of your race, please leave the circuit at the designated exit point across the carriageway from the finish line, then continue as instructed under the underpass to the warm down area. Do not continue on the circuit for a warm down lap. If you believe you may have been 'in the mix' for a top three position, please report to the judging area. Failure to report **immediately** after you leave the circuit will result in disqualification.

Public access to the Judges' Area is not permitted, only riders and officials may enter this area.

Only riders and officials may enter the circuit, everyone else must remain behind the barriers.

Rider behaviour

Each rider owes a duty of care to his fellow competitors. Any rider who the Chief Commissaire deems to be riding in a dangerous or compromising manner will be judged accordingly.

The Circuit (see course map)

The course has been extended from previous events at the circuit with a longer fast downhill section before turning uphill through the central reservation to return uphill. The exits are tight and with nowhere to go if you get it wrong other than the barriers. At best your race will effectively be over, if you hit these barriers at worst it could end your season. **Do not take risks.**

Laps out and Pit Area

Lap outs will not be permitted. The pit area is located on the finish straight on Midsummer Boulevard. A maximum of one helper per rider is permitted in the pit area. Helpers must follow the instructions of the pit steward and race officials. Riders who require the pits must continue on the circuit to the pit area without assistance.

The pit official will adjudicate as to where you can re-join the race.

Results and Prizes

The post-race ceremony will take place at the published presentation times and the first three riders in each race must be present.

Prizes will be presented to the first three girls and first three boys in each race category at the published presentation time for that event, and at no other time. We will endeavour to keep to the published times where possible.

Failure of a rider to appear in person at the presentation will result in any prize money being donated to the running of future youth races in Milton Keynes.

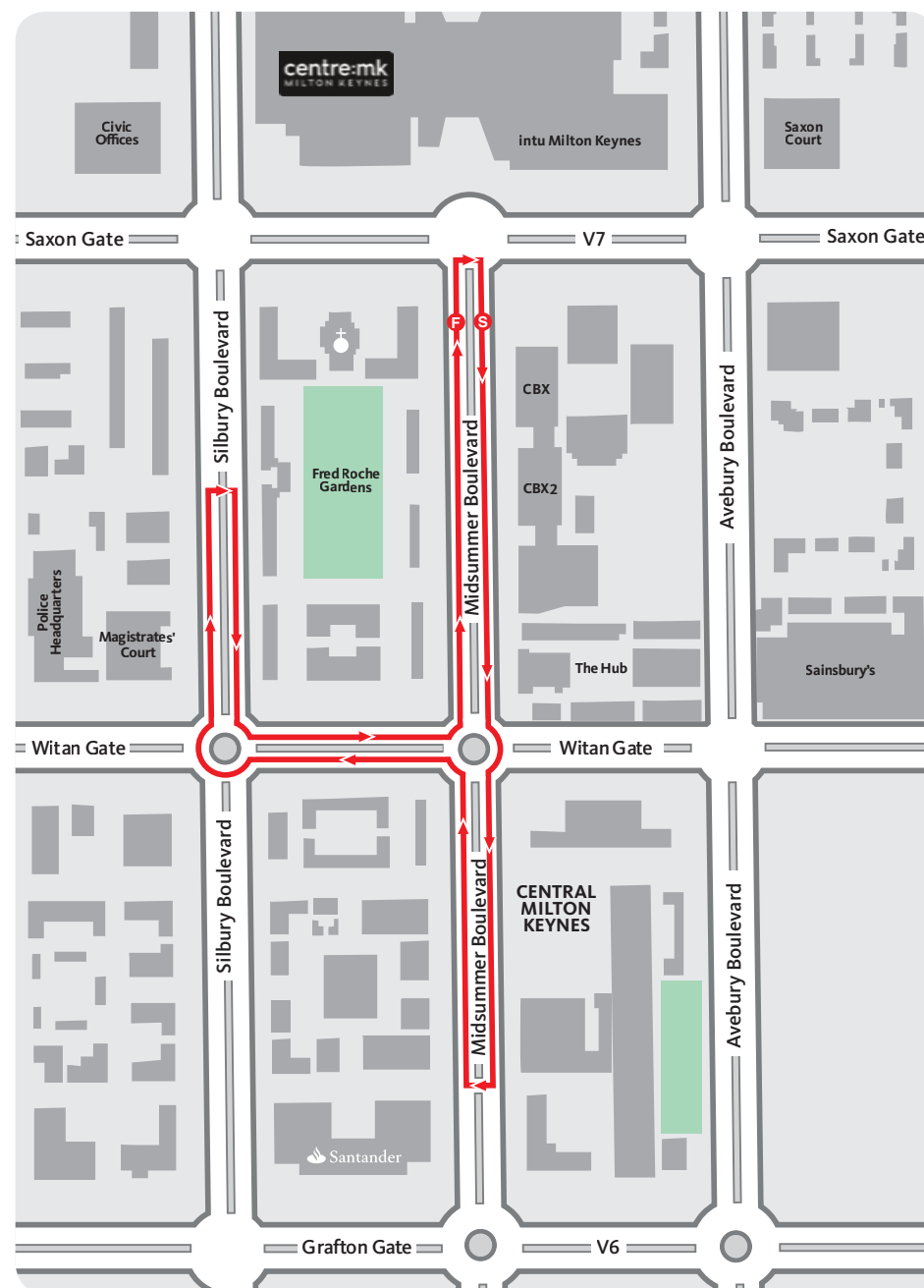
We will aim to publish provisional results prior to the end of the day. These can be found on our event page throughout the day.

Prizes for U14 categories and above:

Name	Cat	1st	2nd	3rd
U14	B Girl	£40	£30	£20
U14	B Boy	£40	£30	£20
U16	A Girl	£50	£40	£30
U16	A Boy	£50	£40	£30

The race organisers are only obliged to place the top 20 in each race category. We will endeavour to publish full results, but please refrain from raising objections if the results do not affect the top 20 places.

Course map



Competitor Facilities

The event headquarters will be open for sign-on/registration and gear checking from 08:30.

Registration will be in the Orange Team Milton Keynes Gazebo (see below map). Please be aware that as the central event area is open to the general public, you are responsible for keeping your bike(s) and all other equipment safe and secure at all times.

Warm up area

There is a designated warm-up area that we have put aside for competitors alongside the circuit (Midsummer Boulevard), where riders can prepare for the event on turbo-trainers or rollers, and erect gazebos (if required). **Warming up on the circuit will not be permitted.**

Riders will be able to familiarise themselves with the circuit during the designated session times only, which start at 09:00 for category C, D and E riders and 11:00 for category A and B riders. However, Course Marshals and Course First Aiders may not necessarily be available during this period.

Toilets

There will be a block of temporary toilets within the central event area, together with facilities at The Church of Christ The Cornerstone (300 Saxon Gate) and the Gear-Change shower/changing block.

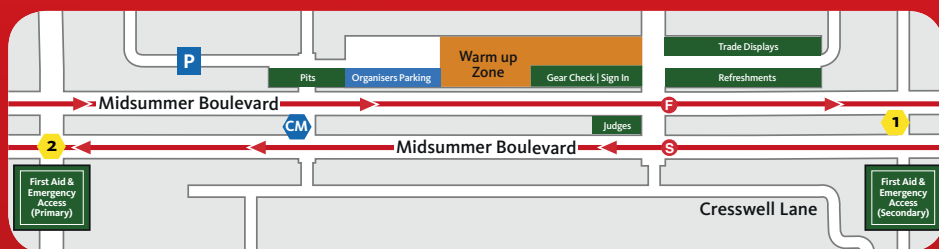
Food & Drink

There will be catering outlets in the central event area, as well as many other restaurants, coffee shops, fast-food outlets located close to the circuit in Centre MK and intu shopping centres (Midsummer Boulevard) and The Hub (Avebury Boulevard).



Changing Facilities

Basic changing marquees will be provided within the central event area. A changing room and showers are also available at the Gear-Change facility, which is located just to the west of the course on the corner of Witan Gate, Upper Fourth Street and Midsummer Boulevard (through the underpass). All items left in the changing facilities remain the responsibility of the competitor.



Key Personnel

Head Organiser	Bill Shirley 07976 154533 assisted by John Ritchie
Chief Commissaire	Aidan Hegarty (jaheg@sky.com)
Assistant Commissaires	Bob Ruzkowski and Richard Hemsley
Announcers and podium	Jez Cox
Signing-in Coordinator	Steve Dicks
Podium co-ordinator	Paul Moon
Marshal co-ordinator	Alun Duncan Jones
First aid provided by	Peter Nolan & team and Jigsaw Medical
Circuit marshals	Parents and volunteers from Team Milton Keynes
Photo-finish camera	Team MK & British Cycling
Organising team	Alun Duncan-Jones, Andy Lowe, Bill Shirley, Clive Faine, John Muncaster, Paul Moon, Steve Dicks, Natasha Stevenson & Trevor Thomas
Electronic Timing	Results Base


Important addresses

In the event of a rider needing to be taken to hospital the nearest NHS facility is:

 **Milton Keynes Hospital**
NHS Foundation Trust Standing Way,
Eaglestone, Milton Keynes MK6 5LD

 <http://www.mkhospital.nhs.uk/information-for-patients-and-visitors/finding-us>

The nearest Police Station is located on the bottom corner of the circuit:

 **Police Station**
302 North Row, Witan Gate East,
Milton Keynes MK9 2DS

Directions and Parking

By car

The roads used for the race circuit are public roads and they will be closed to traffic from the previous evening - so it is important that you follow the recommended directions to ensure access.

Access to the parking inside the street circuit is off of **Silbury Boulevard**.

If using Sat Nav please use the postcode **MK9 2AJ** and follow the directions from the Law Courts to the parking area.

NOTE: Please ensure that you allow sufficient time to park prior to your race in order to register and warm-up.

By rail

Alight at Milton Keynes Central railway station. The course is 750m from the station - walk straight up Midsummer Boulevard and follow the event signage.

Directions from M1

Exit junction 14 and take the A509 west towards **Central Milton Keynes**.

At the first roundabout take the third exit **A509 Portway (H5)** and continue west on this road, crossing the next seven (7) roundabouts. At the eighth roundabout, take the first exit onto **Witan Gate**, sign-posted 'Law Courts'.

Take the first turning on your left and follow signs to the event and parking.

Directions from A5

Take the exit sign-posted A509 and **Central Milton Keynes**.

Take the A509 exit from the elevated roundabout toward Central Milton Keynes (heading north-east). Continue straight over the next roundabout (intersection with **V6 Grafton Gate**), and at the next roundabout, take the third exit onto **Witan Gate**.

Take the first turning on your left and follow signs to the event and parking.

Parking Restrictions

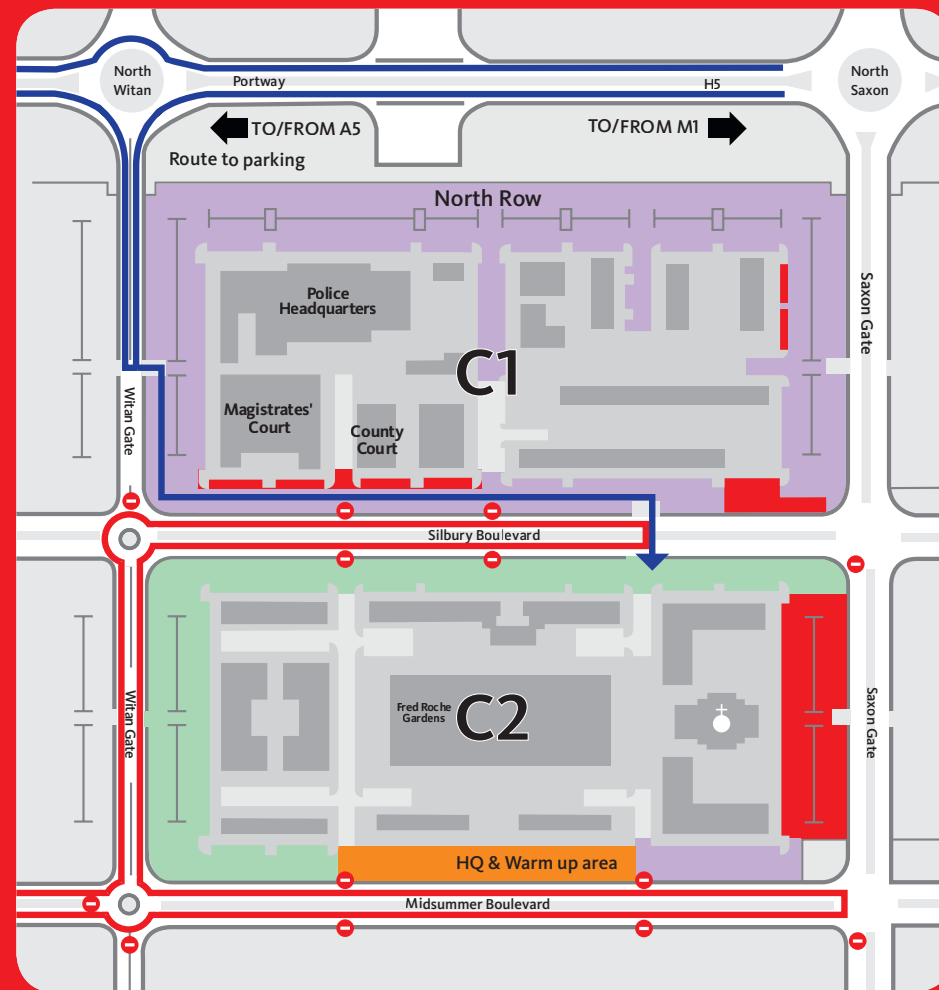
Milton Keynes Council will not enforce parking restrictions within the block outlined by the course (C2 in the council map, and shaded in Green on the map above/below/overleaf).

However, there is private parking within this area and **these restrictions will still apply**. The organisers do not accept liability for incorrectly parked cars and cannot reimburse anyone for any costs incurred. We advise that you carefully







check the local parking signage before leaving your vehicle.

There are two parking tariffs within close proximity of the course – **Purple Zones at 50p an hour and Red Zones at £2 an hour**. See the Council map at <http://www.milton-keynes.gov.uk/streets-transport-and-parking/parking/parking-maps-for-central-milton-keynes>

Parking Map and road closures



Key

-  Parking Access Route
-  Parking Area (Note restrictions elsewhere as signposted private)
-  Purple Parking Zone (Please note parking charges)
-  No parking
-  Road closures
-  Race Route

Race vehicles

Race vehicles are provided by Perrys, Milton Keynes

